

"The softness of a horse's eyes is enough to warm even the coldest of hearts." -Unknown



Hooves for Hope supports mental health, healing, and personal growth through meaningful connections with horses. Their calm, honest, and accepting nature helps people feel grounded, safe, and more connected to themselves.

Pony Pointers

Hope - Healing & Hooves



Equine Assisted Coaching

Interactions with horses help build life skills, confidence, emotional awareness, and healthy relationships. Activities are designed to help children heal, grow, and develop skills they can use in everyday life.

Programs based on the child/youth's needs

- Grooming and horse care
- Leading horses through obstacle courses
- Groundwork and communication exercises
- Goal-setting and reflection activities
- Confidence-building challenges
- Learning horse behavior and body language

Who We Are?

Hooves of Hope uses the powerful connection between horses and children/youth to build confidence, trust, emotional resilience, and life skills. Through hands-on activities with horses, participants learn healthy communication, develop coping strategies, strengthen self-esteem, and discover their own potential in a safe, supportive environment. Every interaction is designed to foster healing, growth, and hope for the future.

We rely solely on donations and grants. This program is free for all children/youth in foster care.

HOOVES FOR HOPE

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Coming Soon - October 2026!

stay tuned for more information or reach out to us

After School Harvest Hooves Camp

Join Hooves for Hope for a fun-filled week of after school activities where kids can experience the magic of horses and make new friends.

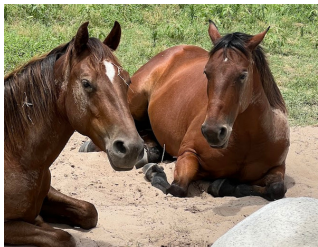
This hands-on camp is designed for children of all ages and experience levels, and offers a safe, supportive environment to learn, explore, and grow.

- grooming and learning to care for horses
- learn basic horsemanship skills
- participate in horse-themed games
- learn how horses communicate with people and each other



Children will build confidence, learn teamwork and responsibility just being around horses!

Beware of The Heat!



July is the time where things start to really heat up, especially in the south. Due to these rising temperatures, and high humidity, dehydration and heat stroke are more common this time of year. Below are some ways you can check for dehydration and some ways to help keep your big four-legged friend cool during the summer!

Dehydration Tests:

The first test you can do is the pinch test. To do this, pinch a little bit of skin on your horse's neck. The skin should snap back instantly. If it takes longer than one second for that to happen your horse could be mildly to severely dehydrated depending on how long it takes for the skin to return to normal. The second test is called the capillary refill test. To do this, you just need to press on the upper gums of the horse. It should only take two seconds for the gums to return to their pink coloration. If it takes longer than two seconds, it's a sign that your horse could be dehydrated.

Other symptoms of dehydration and heat stroke:

Pay attention to how your horse is acting. Are they moving slower than normal? Are they standing still for long periods of time with their head low? Are they really sweaty even though they haven't been exercised? Are they breathing heavily and fast? Do they seem lethargic? Do they have a high temperature? All of these can be signs of both dehydration and heat stroke.

What to do if your horse is dehydrated:

Lead them to water and offer them sips. If they won't drink, you can mix in water with some of their food to help them get hydrated. You can also mix in some Gatorade or electrolytes in order to encourage them to drink more water.

What to do if your horse has heat stroke symptoms:

Rinse off their bodies with cold water. Start at the legs for about 5 minutes to get their bodies used to the temperature before moving on to the rest of their body. Focus on parts of their bodies such as their neck, armpits and the inside of their legs. These are where large blood vessels are located and will cool them off faster. Immediately scrape off the water and reapply. Do this until their body temperature goes down. Afterwards, move them into a shaded area. If there's an area where fans are set up, you can move them there as well. Make sure to offer them sips of cool water every few minutes. If they don't improve, call a vet immediately.

Steps to prevent heat stroke and dehydration:

- Rinse them off at the beginning or end of each day
- Make sure they always have cool and fresh water
- Put fans up in stalls if they're stalled during the day
- Daily checks for dehydration
- Add electrolytes to their food. Watch out on this step, electrolytes, while helpful in the short-term, are not a long term solution.

Donations are welcome!

Helping people through horses takes a village.

We appreciate your support!

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